

Class Descriptions & Prerequisites

Performance Season Classes

This is for classes that run from September - April.

If you have questions regarding enrolment and class placement, please reach out to Miss Laura via email at vegrevilleballet@gmail.com.

This document is meant as a guide for parents. Final decisions regarding placement of all students are at the discretion of VSB staff. The first few weeks of classes will be used by teachers to ensure correct class placement. Your dancer may be asked to move to a different level during this time.

Acro Tech

Our Acro classes are technique only classes. There will not be a routine learned and performed in this class, but instead dancers work toward goals, learning tricks and building strength and flexibility. Enrollment in these classes is determined by skill level first and age second.

Acro 2 - Grade 2+ with 1-2 years of experience in Acro.

Acro 3 - Grade 3+ with 3-4 years experience in Acro.

Acro 4 - Grade 5+ with 4 or more years of experience in Acro.

Acro 5 - This class is for our most advanced Acro dancers - teacher & director approval is required.

Acro Choreo

In our Acro Choreo classes, dancers will learn a routine to be performed in Festivals and our Spring Recital.

Acro Choreo 1 - Grades 2+ and must be enrolled in Acro 2 or 3. Jazz and Ballet are recommended.

Acro Choreo 2 - Grade 5+ Must be enrolled in Acro Tech 4 or 5 AND at least one of: Stretch and Strength, Jazz or Ballet.

Lyrical

In our Lyrical class dancers will learn a routine to be performed at Festivals and in the Spring Recital. Lyrical dance is complex and difficult to master. As such there are prerequisites for this class.

Lyrical - Grade 6+ or teacher & director approval - dancers must be enrolled in Ballet Tech as well as either Acro or Jazz. Stretch & Strength is recommended.

Stretch & Strength

In this class, dancers will learn body-awareness as they work on improving strength and flexibility and learn basic technique. There are no prerequisites for this class. [Grade 5+ or teacher recommendation.](#)

Modern

Our Modern class will teach dancers the techniques of Modern dance. They will learn a routine to be performed at Festivals and in the Spring Recital. There are no prerequisites for Modern. [Grade 5+.](#)

Ballet

Our Ballet classes are designed to maximize technical instruction for everyone. For dancers who want the technical training but do not want to participate in ballet on stage, we have separated our older classes into technique classes and choreography classes.

Ballet 1-2 - Grade 1-4 - will learn a routine for Festivals and Spring Recital.

Ballet 3 - Grade 5-6 - this is a technique only class.

Ballet 4-5 - Grade 7+ - this is a technique only class.

Ballet 3-5 Choreo - Grade 5+ - must be enrolled in Ballet Tech.

Ballet 4 Pre-Pointe - Grade 7+ -

must be enrolled in Ballet 4-5 (Tech 1) & Ballet 4-5 (Tech 2). and with teacher approval.

Ballet 5 Pointe - Grade 8+ - must be enrolled in Ballet 4-5 (Tech 1) & Ballet 4-5 (Tech 2). and completed Pre-Pointe.

Jazz

In our jazz classes, dancers will work on technique and learn a routine to be performed in Festivals and our Spring Recital.

Jazz 1 - Grade 1-2

Jazz 2 - Grade 3-4

Jazz 3 - Grade 5-6, enrollment in Stretch & Strength is recommended.

Jazz 4 - Grade 7+, enrollment in Stretch & Strength is recommended

Hip Hop

Our Hip Hop classes will be learning a routine to be performed at festivals and our Spring Recital. There are no prerequisites for Hip Hop dancers.

Hip Hop 1 - Grade 1-2

Hip Hop 2 - Grade 3-4

Hip Hop 3 - Grade 5-6

Hip Hop 4 - Grade 7+

We strongly recommend all dancers study ballet as it is fundamental to all dance training available at VSB.